

Post High School Planning Night Class of 2026



Our Student-Centered Approach



New Trier's Post-High School Counseling Philosophy is student-centered, with the goal to put the *student* in charge of their own process.

Unique Attributes of PHSC

Visit colleges annually, meet with over 200 college reps a year

Numerous points of contact with students individually and through advisery

Unparalleled experience, depth and breadth of knowledge

Experts on New Trier and the student in the context of the environment

Pathways to Consider

4-year college

2-year college
(associate's degree or
pathways program)

Skilled trades/
Apprenticeships

Military

Gap year
programs

Direct to work

Role of the Student

Reflect

Reflect on what is important now and what will be important in the future

Engage

Engage in breadth and depth in terms of academics and out-of-class involvement

Maximize

Maximize your in and out-of-class opportunities

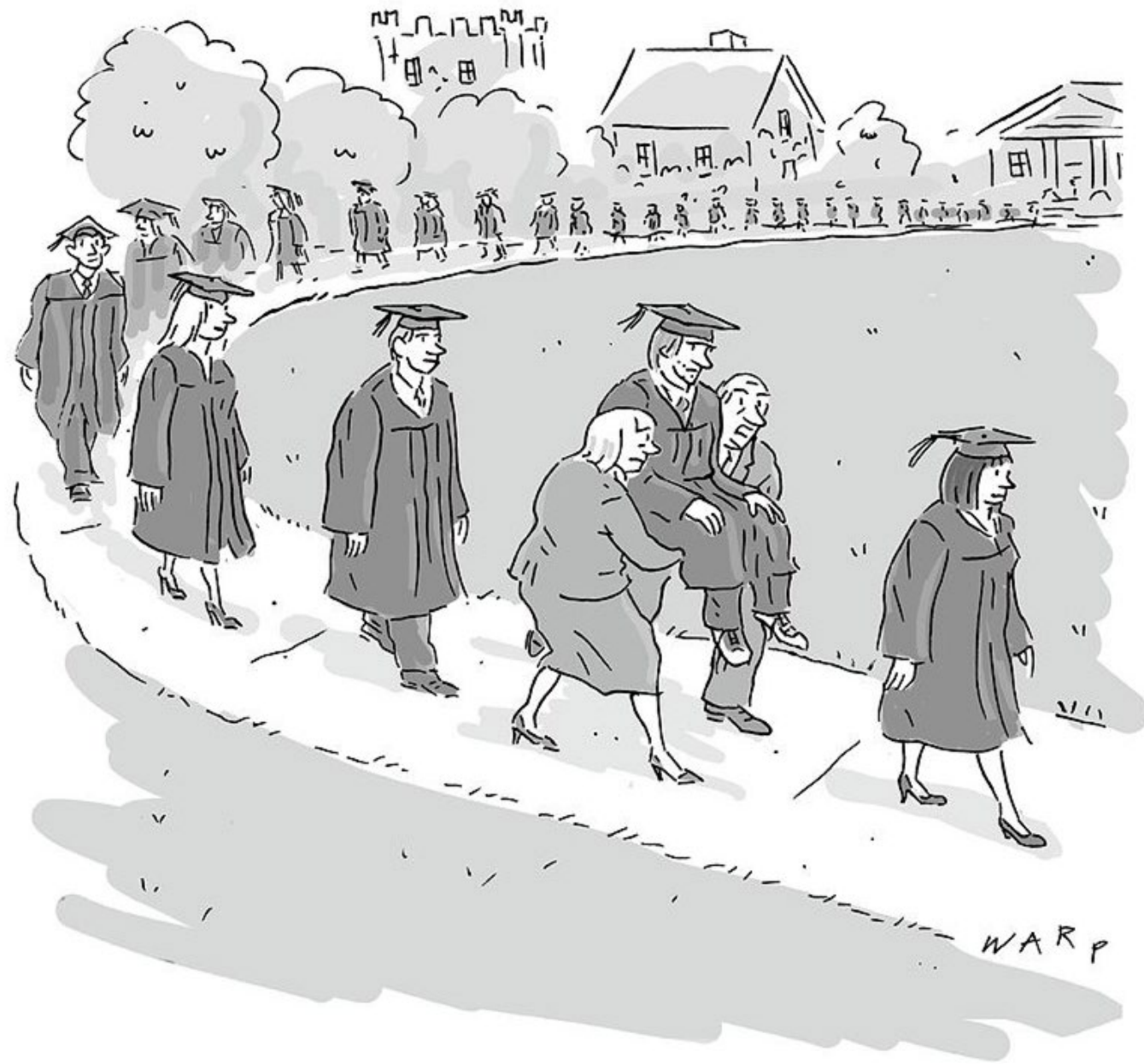
Explore

Explore options that offer a good match with your interests and talents

Role of the Parent/Guardian

- Partner through the experience
- Foster independence
- Honest conversations and parameters
- Allow your student to form their own opinions
- Empower. Encourage. Support.
- Model healthy responses to the ups and downs of the process
- Parent/Guardian Reflection form





"Sometimes I think we want this more than he does."

Role of the Counselor



Help

Help you make informed decisions



Share

Share insights on college admissions



Empower

Empower students to take the lead



Develop

Develop a personalized list of post-high school options



Inform

Inform students based on facts and experience



Partner

Work with advisers, teachers, case managers, social workers, etc.

Individualized Supports

Initial appointment: Student and Parent/Guardian

- Discuss priorities & goals for postsecondary options
- Cultivate list of schools/programs to research

Follow-up appointments:

- Guide & analyze research
- Finalize application list
- Application and essay support
- Financial aid & scholarship
- Support throughout application & selection process

Counselor letter of recommendation/documentation submission

Ongoing advisery visits & presentations



**POST HIGH SCHOOL
COUNSELING**

So, where do I begin?

The Importance of Self-Reflection

Who

Who are you as a person?



What

What are your interests and strengths as a learner?



Where

Where do you feel most comfortable?

Character: Self-assessments to help you identify your traits and inform your future choices

The screenshot shows the 'maialearning' user interface. On the left is a dark blue sidebar with navigation options: Dashboard, Character (highlighted), Careers, Academics, Universities, Financial Plan, Events, Portfolio, Enrichment, Notes, and Main Drive. The top header area includes the user's name 'NTHS003 Demo-Student' and ID 'ID: Demo-8479380 (GR: 11)', along with icons for navigation, calendar, chat, and profile. The main content area is titled 'Interest Profiler' and has three tabs: 'Interests' (selected), 'Personality', and 'Skills'. Below the tabs is a section titled 'Match Professions to Your Passions' with the subtitle 'Discover professions you'll really enjoy working at. Define your interests and see how they relate to the world of work.' This section contains three numbered steps in white rounded rectangles: 1. 'Decide how much you'd agree or disagree each task' with smiley and frowny face icons; 2. 'Review a profile of your interests based on your responses' with a bar chart icon; 3. 'Explore careers that match your interests' with three star icons.

maialearning

NTHS003 Demo-Student
ID: Demo-8479380 (GR: 11)

Interest Profiler

Interests Personality Skills

Match Professions to Your Passions

Discover professions you'll really enjoy working at.
Define your interests and see how they relate to the world of work.

- 1 Decide how much you'd agree or disagree each task
- 2 Review a profile of your interests based on your responses
- 3 Explore careers that match your interests

Factors to Consider in your College Search:

What is important to you now and what will be important post New Trier?



Majors/Program
availability



Campus
community/
engagement



Location



Campus size



Cost and
availability of
scholarships



Graduate
outcomes

Counselor

Student

Admin

Dashboard

Assignments

Micro-Credentials

Universities

Recommendations

Reports

MaiaDrive

Resources

FAQ's

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University Search

Click [here](#) to switch back to old version.

Saved Searches

Universities List

Bulk Send Search Essays Visits Virtual Fairs Contacts

United States of America
 4 years (Bachelor's degree)
 Public
 Illinois
 Indiana
 Wisconsin

Select All Add to University List | 42 Universities Found

Image	University Name	Location	Programs	Type	Acceptance	Grad. Rate	SAT	More
	Ball State University	Muncie, IN	195	Public, 4-year or above	69%	64%	1091	>
	Chicago State University	Chicago, IL	51	Public, 4-year or above	48%	21%	0-0	>
	Eastern Illinois University	Charleston, IL	83	Public, 4-year or above	68%	55%	900	>
	Governors State University	University Park, IL	63	Public, 4-year or above	57%	17%	410	>
	Illinois State University	Normal, IL						>



Canvas Tools

Welcome!

Welcome to the Canvas page for Post-High School Counseling, providing you with one, simple, centralized place to access information to help you on your journey to life after New Trier.

CLASS
PAGES

MAIA
LEARNING

RESEARCH
RESOURCES

SCHOLARSHIPS
FINANCIAL AID

TESTING

TRANSCRIPT
REQUEST

PHSC
GUIDE

SCHEDULE
A
MEETING

Campus Tours

- A valuable step in determining where to apply and where to enroll!
- Plan ahead
- Visit a range of options (selectivity, size, location)
- Virtual options
- Go from a “Match” to a “Fit”



What about paying for college?

Where does cost factor into my decision?

<u>University</u>	<u>Cost of Attendance 2024-2025</u>
New York University	\$93,184
Indiana University	\$60,348
University of Illinois at Urbana Champaign	\$35,862-\$41,126
Oakton Community College	\$136.25 per credit hour (30 credits = \$4,087.50)

- Tuition typically increases up to 5% per year. Some schools award merit aid, out-of-state public schools often do not.
- Make sure to complete a Net Price Calculator to gain a clearer perspective of estimated out-of-pocket costs to attend.



Federal Student Aid Estimator

- The Federal Student Aid Estimator is a free tool from the U.S. Department of Education that provides an estimate of your federal student aid eligibility.
- Prior to submitting a Free Application for Federal Student Aid (FAFSA) in 2025, the Estimator analyzes your household income and tax info to give you insights on possible financial aid opportunities.
- <https://studentaid.gov/aid-estimator/>



Gap Year Programs

What is a gap year?

"A semester or year of experiential learning, typically taken after high school and prior to career or post-secondary education, in order to deepen one's practical, professional, and personal awareness."

(<https://gapyearassociation.org/gap-year.php>)

**Chicago Gap Year Fair at Winnetka campus
Saturday January 25, 12-3pm**

So, how do I apply?

**Understanding admission
deadlines & policies**

Early Action (EA)

Restrictive Early Action (REA)

Early Decision I or II (ED)

Rolling Admission

Regular Decision

What will be reviewed by admissions?



Student application with essays and activities list



Official transcript



School Forms completed by your post-high school counselor- letter of recommendation



Teacher letters of recommendation (if required)



Test scores sent directly from act.org or collegeboard.com (if required)

What Does Your Transcript Say About You?

- Academic record of all grades & courses (Grades 9-11)
- “Academic Standing” (Cumulative Grade Point Average)
- Grade Trends
- Course Selection
- Emphasis on your junior year performance
- What goals do you want to set for yourself moving forward?

School Profile and Rigor

The [New Trier Profile](#) provides an explanation of our curriculum and course levels to help colleges understand the rigor of your academic program within the context of our school.

- 2 level = College Prep
- 3 and 9 level = Honors
- 4 level = High Honors or AP
- 8 level = Elective/Other



COUNSELOR RECOMMENDATION

01

Student Meetings

03

Adviser Write-Up

02

Student Self-Reflection

04

Parent/Guardian Reflection

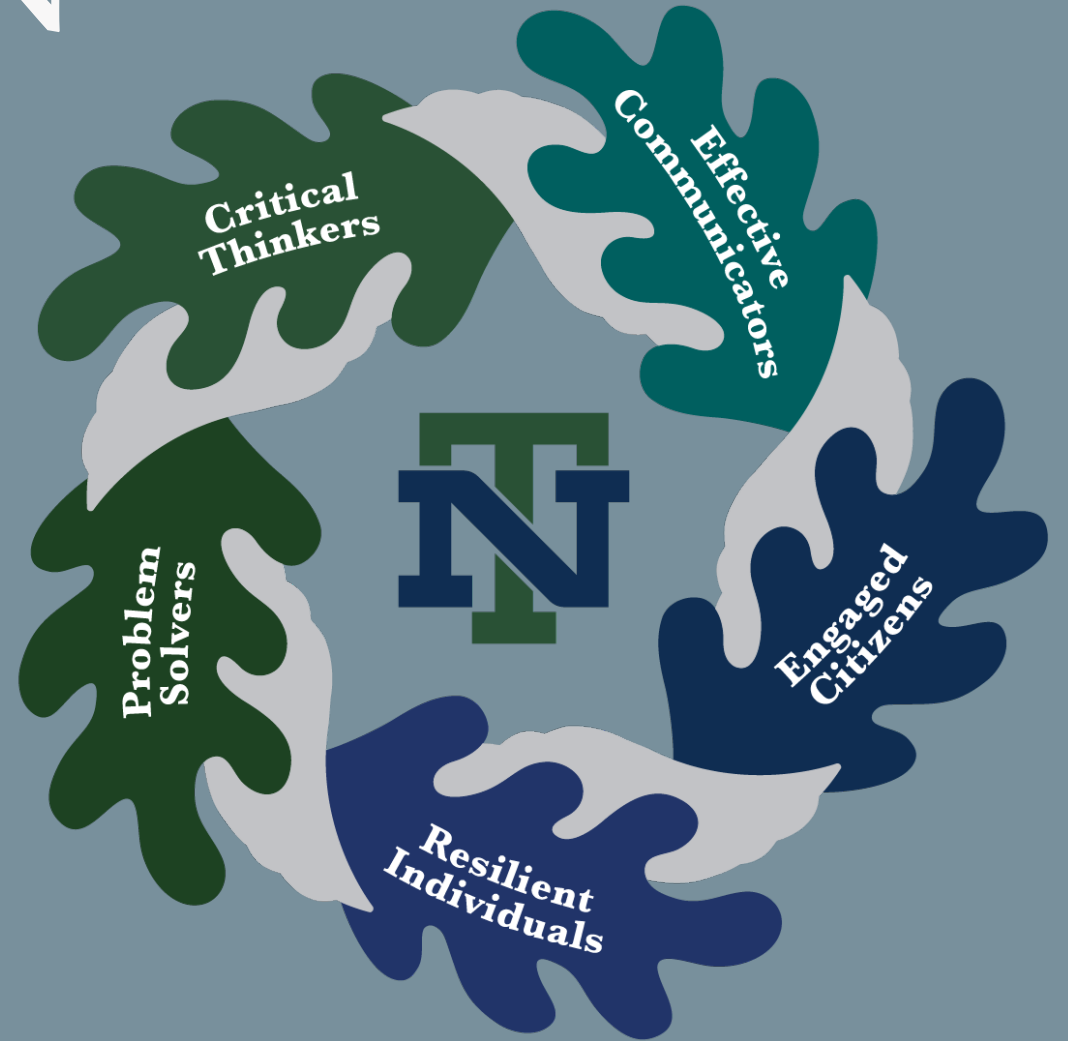
COUNSELOR RECOMMENDATION

01 Distinctive Qualities

02 Academic & Intellectual
Growth & Trends

03 Areas of Impact

04 Characteristics of a
New Trier Graduate



What about testing?

The Role of ACT & SAT



When required, schools do not prefer one standardized test over the other.



If scores are used in admission decisions, individual colleges determine the weight and significance in the review process.



Test scores will not be the most important factor in the outcome. Colleges give the most weight to your grades and the rigor of your classes.

Testing Policy Changes

Test-optional means a student is not required to submit standardized test scores of any kind for admission review. A greater emphasis will be put on a student's academic record and rigor.

Although most colleges and universities adopted a test-optional policy for the Class of 2025, many have yet to announce final testing policies for the Class of 2026.



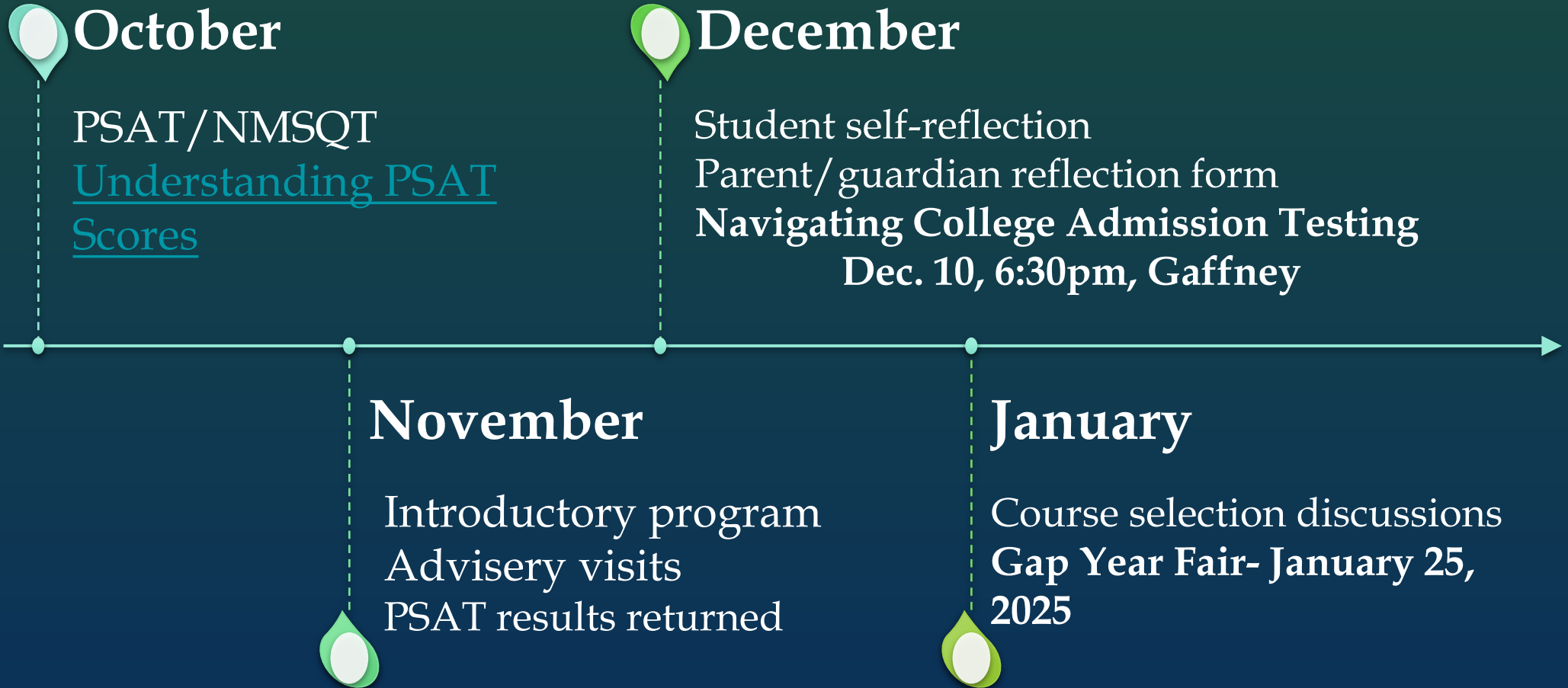
State Mandated Testing

Wednesday, April 9, 2025

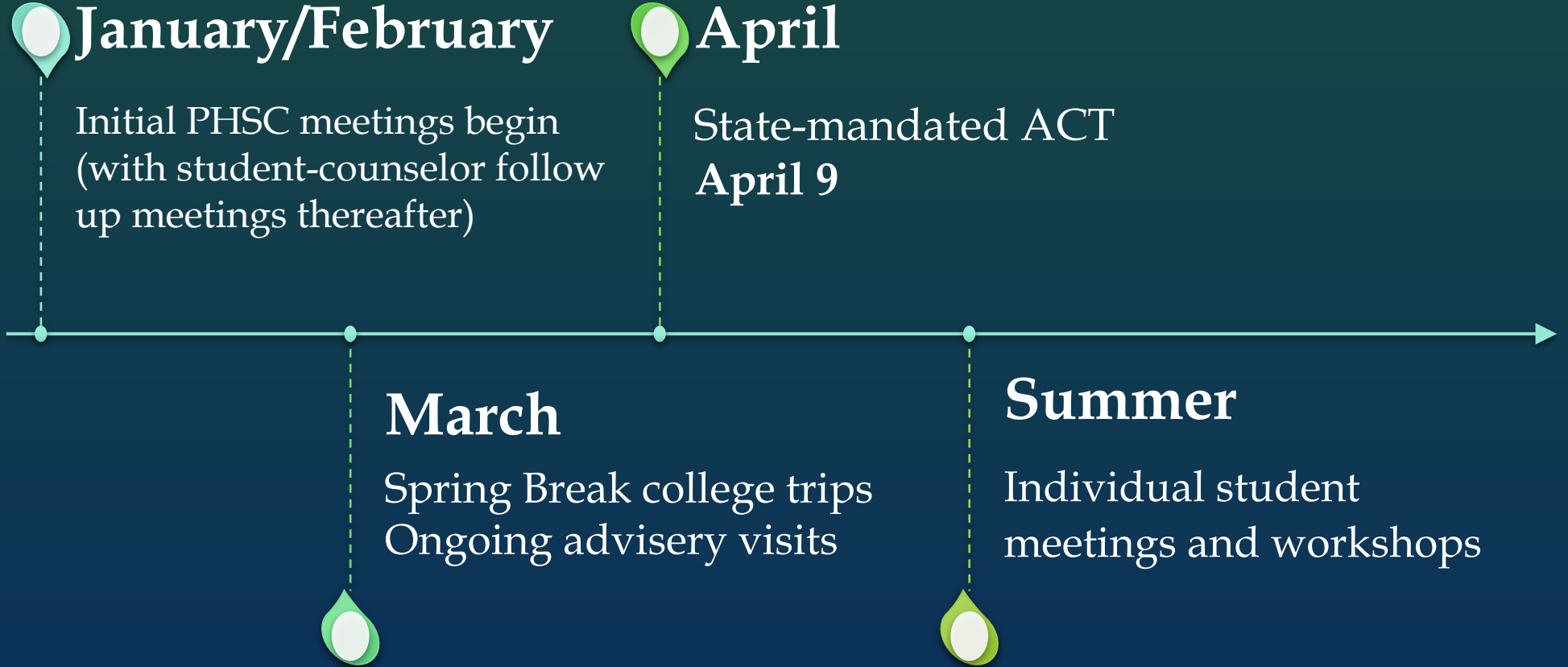
- The state offers this test free of charge; students do not need to register.
- The score may be sent to colleges if a student requests it to be reported
- SAT/ACT scores are not included on a student's transcript.
- The ACT test is a state requirement for high school graduation, and all juniors must take it on the official ISBE test date.

So, what's next?

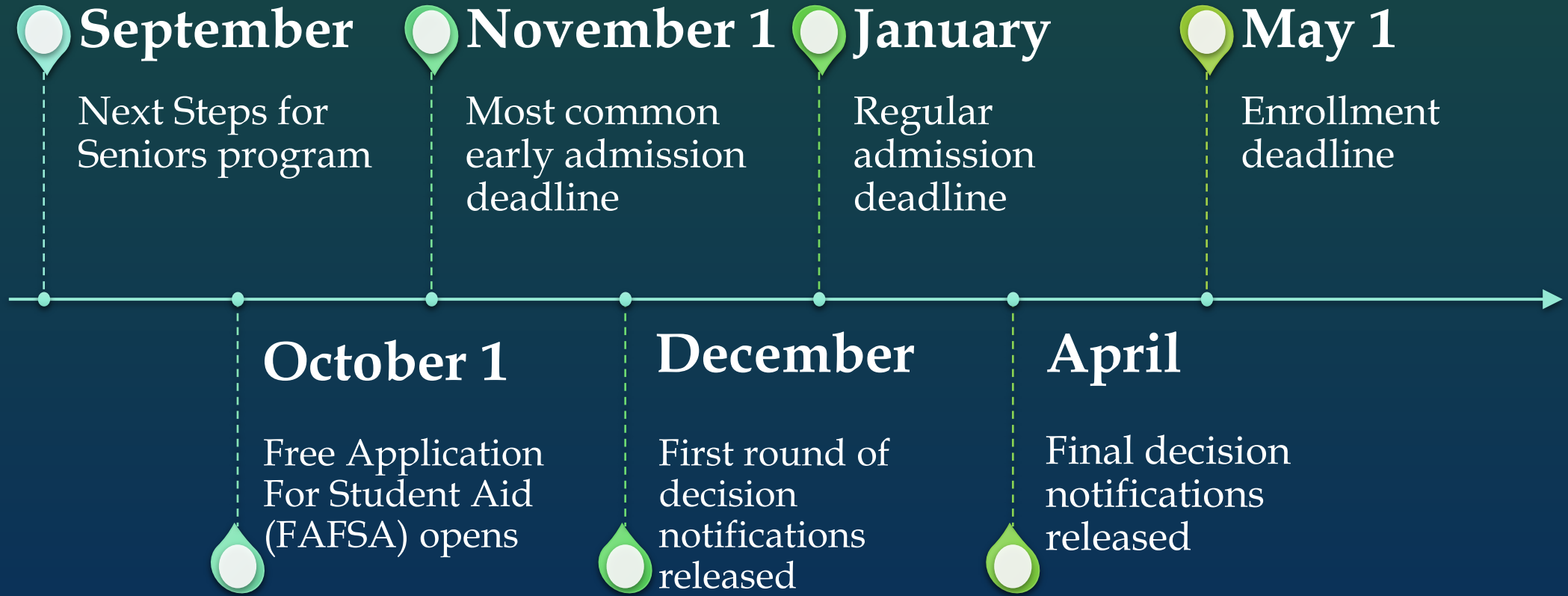
Junior Timeline



On to 2025



Preview of senior year...



We are here to help!

Ms. Jill Cervantes
Department Chair
847-784-2238
cervantj@newtrier.k12.il.us

Ms. Cassandra Barca
847-784-2240
barcac@newtrier.k12.il.us

Ms. Heather Ecklund
847-784-2237
ecklundh@newtrier.k12.il.us

Ms. Kristen Graf
847-784-2239
grafk@newtrier.k12.il.us

Mr. Nick Kostalek
847-784-2235
kostalen@newtrier.k12.il.us

Mr. Michael O'Connor
847-784-2296
oconnorm@newtrier.k12.il.us

Mr. Thomas Shorrocks
847-784-2243
shorroct@newtrier.k12.il.us

Ms. Gretchen Stauder
847-784-2236
stauderg@newtrier.k12.il.us

Mr. Robert Zigmund
847-784-2242
zigmundr@newtrier.k12.il.us

